

A large, stylized illustration of a panda swimming. The panda is depicted in a dark blue color with white patches on its face and ears. It is wearing black sunglasses and has a friendly expression. The panda is shown in a swimming posture, with its front paws extended forward. The background is a dark blue-grey color with stylized, colorful clouds in shades of brown, green, and red. Several black silhouettes of swimmers are scattered throughout the background, some in various swimming strokes.

SSESC 2026

SICHUAN SUMMER ELITE SWIMMING CAMP 2026

CHINA

July 20 to AUGUST 31, 2026 | 📍 PANZHIHUA • SICHUAN • CHINA

2026 Sichuan Elite Swimming Camp

This is more than a summer camp , it's a journey toward excellence. Train alongside elite coaches and top swimmers from China and Canada while exploring your full potential in a supportive, high-performance environment.



Olympic-Level Coaching

Daily technical correction and refinement to optimize performance in a high-performance training environment.



China–Canada Elite Training

Train and compete alongside top swimmers from both countries while building lasting friendships and expanding your global perspective..



Cultural Experience

Discover Sichuan's unique culture, visit the home of giant pandas, and experience authentic local cuisine.

A Friendship Bridge Between China and Canada



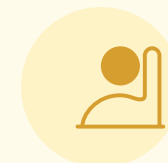
PHOTO FROM SUMMER CAMP 2025



Through this partnership, we have successfully hosted trial training for Age Group athletes from Ontario and British Columbia, with a strong understanding of Canada's competitive swimming system across all levels.



Selected Canadian competitive swimmers to train in Sichuan alongside elite athletes from regional and city teams.



Opportunities for future exchange between Sichuan teams and Canadian high-performance centres.

Your participation will play a meaningful role in strengthening China-Canada youth sports exchange.

Panzhihua Comprehensive Sports Center



- The largest comprehensive sub-plateau training base in Southwest China
- Professional dryland gym + Heated swimming facility
- 50 m Olympic-length · 10 lanes · Depth: 1.4–2.0 m
- Trusted by top teams from Beijing, Sichuan, and beyond

International-Standard Lanes · World-Class Facilities · Exceptional Experience

A Scientific, Structured, and Personalized Approach



Scientific Training

- ✓ Based on sports science and tailored to mid-altitude conditions, training loads are precisely optimized to maximize performance and avoid ineffective training.



Structured Planning

- ✓ A comprehensive training system covering technique, physical conditioning, mindset, and recovery to develop well-rounded competitive excellence.



Personalized Coaching

- ✓ The coaching team provides individualized guidance and real-time feedback based on each athlete's technical level, physical condition, and goals.

Built on science, structured through systems, and driven by individuality. Every drop of sweat fuels transformation.



Yuri Kisil

Guest Coach from Canada

Train with Canadian Olympic Athletes

- **Current Canadian National Team Athlete**
- **Renowned Canadian Sprint Freestyle Specialist**
- **Co-Male Swimmer of the Year (Swim Canada, 2017)**
- **Three-Time Olympian for Team Canada (2016, 2020, 2024)**
- **Six-Time World Championships Competitor (1 Gold · 1 Silver · 3 Bronze)**
- **Providing on-site coaching, sharing cutting-edge training methods and world-class competitive insights**

充分体验加中训练体系的深度融合

Experience the integration of the Canada-China training system



HEAD COACH • Steven Zhang

National and Sichuan Province Coach

Core Coaching Background & Strengths

-  **International Perspective:** Former Head Coach of the Malaysia National Swim Team, bringing a broad international coaching outlook.
-  **Elite Coaching Experience:** Recognized as a leading swimming coach in Sichuan Province.
-  **Technical Expertise:** Widely regarded within the provincial swimming community as a “training expert,” with a strong ability to help high-level athletes overcome performance plateaus.
-  **Proven Track Record:** Extensive experience in developing elite athletes and supporting successful applications to international swimming scholarship programs.

Camp Schedule & Daily Training Plan



Camp Duration: July 20 - August 31, 2026.
Each session: 7 days.



Each session includes 12 in-water sessions, focused on stroke refinement and group training with Canadian and Chinese swimmers.



Dryland training covering strength, core stability, flexibility, and sport-specific conditioning.



Daily reviews and comprehensive assessments, along with Canada–China friendly competitions to evaluate training progress.



Train alongside Canadian and Chinese swimmers in the same pool, experiencing the integration of both training systems firsthand



Optional private sessions with Chinese and Canadian coaches for athletes seeking additional development.

Camp Schedule & Daily Training Plan



Full Translation Support

Seamless communication throughout the entire camp



Premium Concierge Service

A seamless, worry-free experience for parents, including accommodation, meals, medical support, travel, and academic tutoring.



A Home Away from Home

Clean, comfortable, and safe accommodation to ensure high-quality rest for all campers.



Performance Nutrition

Expert-designed meal plans by professional nutritionists, combining balanced Chinese & Western cuisine, optimized for high-intensity training.

Authentic Images of Hotel Rooms and Meals



Delicious



荤菜
Meat Options



素菜
Vegetarian Options

Comfortable





GET READY

TO JOIN THE CHAMPION TEAM

Limited spots available